



Application for  
**200-HOUR IYENGAR YOGA ONE  
YEAR TEACHER TRAINING  
PROGRAM**  
Meeting Saturdays and Sundays  
Starting October 2, 2010

**APPLICATION DEADLINE: September 13, 2010**

Name: \_\_\_\_\_

Address: \_\_\_\_\_  
\_\_\_\_\_

Phone: \_\_\_\_\_ (daytime) \_\_\_\_\_ (evening)

E-Mail: \_\_\_\_\_ @ \_\_\_\_\_

### Application Requirements

Email Application to [info@yogaseattle.com](mailto:info@yogaseattle.com)  
(subject line: Teacher Training Application)

To be considered for acceptance into the ONE YEAR Iyengar Teacher Training and In-Depth Studies Course offered by the Center for Yoga of Seattle, applicants must submit this application no later than September 13th, 2010. In addition, if our Director, Richard Schachtel, does not know you, you may also need to arrange with the office to attend a class or teacher training with Richard for an additional fee. For those admitted to the program, the course fee is due by September 13<sup>th</sup>, 2010. If using the installment option, the first payment of \$500 is due within two weeks of acceptance of application.  
**Please note: this course is limited to 15 students.**

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**Please describe the various aspects of your yoga experience in accordance with the questions below and on the following two pages. If you need more space, please attach extra pages or submit a formal résumé that addresses all of the questions.**

- 1. Describe your formal yoga training, including what methods have you studied, with whom, and for how long.**





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7. Describe your occupation and career objectives.

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### **Other Teacher Trainings Offered by the Center for Yoga of Seattle**

Please see our website at [www.yogaseattle.com](http://www.yogaseattle.com) or call the office at 206-526-9642 for more detailed information on all of our teacher training courses.

#### ***4-Week Teacher Training Immersion***

This fall, the Center offers a 200-Hour ***Teacher Training Immersion*** from Sept 7 – October 2, 2010. The Fall Teacher Training Immersion provides a thorough introduction into the practice and teaching of the basic beginning, continuing, and intermediate Iyengar yoga poses and Pranayama.

**Admission subject to approval of the Center for Yoga of Seattle.**

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